

# Take a seat



It's important when things are difficult or stressful that we take the time to sit down and relax and making art can be the perfect way to unwind.

Art and design is a way that we can express who we are as individuals, with different skills and unique personalities.



The school chairs are uniform and practical but not very imaginative, comfortable or fun.

Your art challenge is to make a small model of a chair that reflects your personality, a chair that you would feel comfortable and relaxed in.

You don't have to think about how the chair will reflect who you are -just by the way you choose the materials you can find, which shapes you will make and how you join them together, your personality will come through.

You don't have to design on paper first, instead design through making. Discover what the materials you find are capable of doing..... Folding, twisting, bending, and so on...



You can use any materials .....be inventive





Here are some examples of chairs made some young designers.







So, 'Take a Seat' and discover what you can do.....