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Sarah Atherton Headteacher Juniors

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Wednesday 31<sup>st</sup> March 2021

Dear Parents/Carers,

In PSCHE lessons next half term children in Years 1 - 6 will be looking at various aspects of 'Keeping Healthy and Safe'.

Children will be taught (at an age appropriate level) to think about what is safe and unsafe, who they can trust, assessing and managing risk, making choices, challenging stereotypes, getting help and taking responsibility.

This also includes teaching elements of drug education - all of these lessons follow the school's 'Drug Education and Drug Related Incident' and 'Confidentiality' policies (these are available on request from the school offices). They are sensitive to the range of different beliefs and experiences children may have.

The key learning is below:

Year I	<ul> <li>Staying healthy (diet, exercise, rest, relaxation, emotional wellbeing)</li> <li>What is a medicine?</li> <li>Who can give us medicines?</li> <li>Keeping ourselves safe (roads, parks, water, at play), strangers and getting lost (please encourage your child to learn their address and telephone number)</li> </ul>
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If you have any questions or wish to discuss this further, please contact the school office and one of our team will get in touch.

Best wishes,

Mary Lyne Latour (Headteacher Infants)











